



Maral Azarayesh & Youssef ElSabban



We attended the clinical clerkship in Kasr Al Ainy Hospital for two weeks. Our day started off with clinical rotations from 9am to 4pm, then we enjoyed our social activities in the evening. The rotations took place in the main departments: general surgery, emergency, and obstetrics & gynecology departments. In addition, we underwent suturing and first-aid courses. After the ending of our 2-week program, we received certificates for both the clerkship program and the training courses. In conclusion, attending this program was an experience to remember. The program gave us opportunities that allowed us to confirm that medicine was the right choice. By the end of the program, we were able to appreciate the importance of the trust between the patient and the doctor.

The surgeries we observed included:

- ✚ Total thyroidectomy (Maral was able to assist in this surgery)
- ✚ Rhinoplasty
- ✚ Appendectomy
- ✚ Cholecystectomy
- ✚ Gastric sleeve weight loss surgery (laparoscopic removal of portion of the stomach of an obese patient)
- ✚ Anal fistula repair (the surgeon used the fascia lata of the thigh)



The emergency department is divided into multiple departments which include: Polytrauma, Triage A, Triage B, Minor surgery, emergency surgery and resuscitation room. Most of our time was spent in:

- ✚ In polytrauma, the patients who were admitted were either RTA (road traffic accidents), falls from heights, street fights or severe multiple injuries in general.
- ✚ Triage B, the emergency surgical department, was divided onto multiple residents: general, vascular, and urinary. Firstly, general which included cases such as appendicitis and IO (intestinal obstruction). Secondly, vascular which had an interesting case: arterial injury due to miss insertion of needles by drug addicts.
- ✚ In minor surgery, the patients admitted required minor suturing procedures.
- ✚ Night shift: The night shift started after the social outings on selected dates, where we go to the hospital at around 11 pm and stay overnight to attend rounds.



We had the honor to observe many operations including:

- ✚ C-section
- ✚ Natural birth
- ✚ Total hysterectomy
- ✚ Open myomectomy (surgeons suspected myoma might be cancerous, so they removed it and sent the mass to the pathology department)
- ✚ Metroplasty (uterine septum removal)
- ✚ Museum of OBGYN showcasing babies with genetic defects that were preserved since the 1970's.

