

# Mediclinic Al Jowhara

## Clinical Observership

### Pediatrics

**Doctors Shadowed:** Dr. Mustafa Zubier, Dr. Raihanah Alshaibah

**Experience:**

- Performed initial post-delivery examinations of neonates under supervision
- Reviewed cases in the NICU
- Played with pediatric patients in the OPD
- Observed several C-sections and vaginal deliveries

**Cases Observed:**

- Neonatal jaundice
- Cleft lip and palate
- Breech presentation Cesarean section

**Highlight of the Rotation:** Assisted in a delivery!



### Radiology

**Doctors shadowed:** Dr. Tasneem Ismail, Dr. Hesham Metwally

My rotation at Al Jowhara's Radiology department made me more interested in Radiology and realise the importance of imaging.

**Specialized imaging facilities observed:**

- RIS/PACS
- MRI of brain
- Mammogram of breast
- Barium study of an infant
- Perinatal services, including trimesters fetal 2D and 3D ultrasounds, echocardiography and surveillance of high risk cases

**Highlight of the Rotation:** Performed ultrasound of a newborn baby's hip!



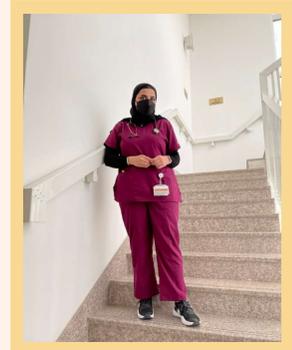
### Emergency Medicine

**Doctors Shadowed:** Dr. Khulood Alqaraan, Dr. Hana Alshaer, Dr. Alaa Mohamed, Dr. Adewale Naiyeju, Dr. Ibrahim Abujarad

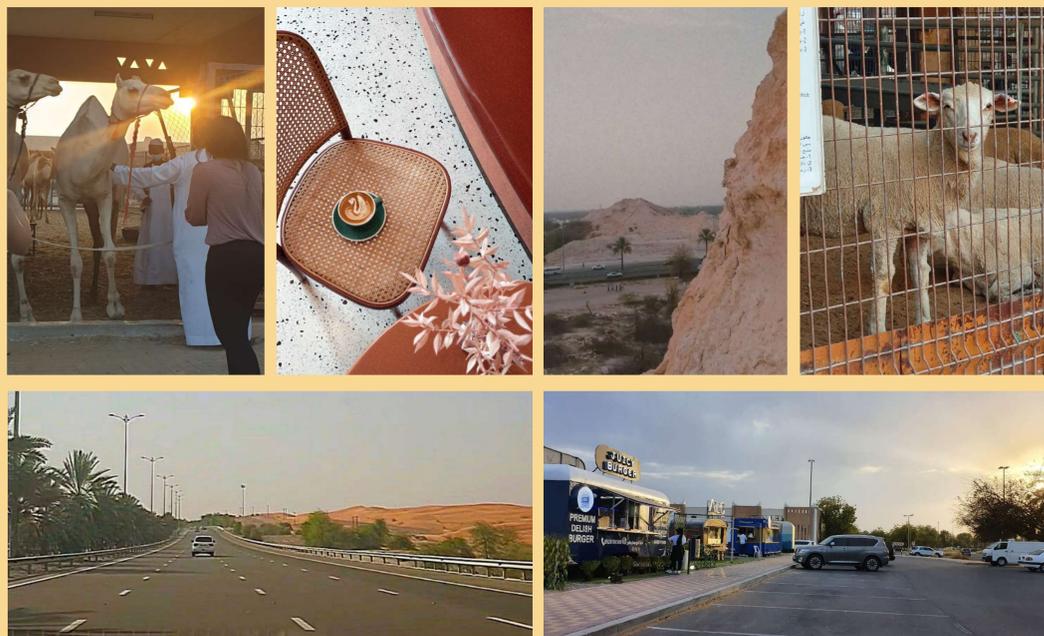
**Experience:**

- Surgical emergencies (acute appendicitis)
- Orthopedics and trauma
- Obstetrics and gynecology emergencies
- Endocrine emergencies (diabetic ketoacidosis)
- Suspected COVID cases and isolation
- Cardiac emergencies (arrhythmias)
- Minor procedures (suturing)
- Urgent care labs and radiology diagnostics

**Highlight of the Rotation:** Completed my very first night shift!



### Life in Al Ain



### Surgery

**Doctors Shadowed:** Dr. Ahmed Awad-Allah, Dr. Vipin Bhatia

My 2 weeks stint at Al Jowhara opened my eyes to the beauty and criticality of surgery as a field of medicine.

**Experience:**

- Examined patients in the OPD
- Visited the wards to follow up on post operative patients
- Observed a cystometric test
- Got a chance to rotate in other departments like Internal Medicine, Orthopedics, OBGYN and Radiology.

**Surgeries Observed at the Hospital:**

- Cholecystectomy
- Sleeve Gastrectomy
- Circumcision
- Cesarean delivery

**Highlight of the Rotation:** Observed a sleeve gastrectomy for the very first time!



Supervisor: Dr. Fady Gerges

Lamya Albanna, Rida Maryum, Sonal Nandkishore, Varshini Tamil Selvan