



Clinical Observership at American Hospital Dubai

STUDENT: ELHAM BASHIRI

Emergency Rotation

SUPERVISED BY: DR. DERRICK MOORE & DR. HESHAM ABDALLA

As a medical observer in the Emergency department of AHD, I had the opportunity to do consultations, physical examinations, and to take care of the patients.

In addition to that, I had the chance to observe suturing, PEG and NG tube insertions, paracentesis, casting, and different dressing change.

I was given the chance to practice reading ECG's, and interpreting X-rays, and CT-scans.

I'm fortunate to gain a lot of knowledge and experience from all of those around me including the doctors, nurses, patients, and technicians.

One thing I really liked about the ER rotation was that I was able to see a multitude of patients consisting of all ages and a plethora of different complaints all throughout my days and nights. You never know who or what's coming in. I was especially pleased with the night shifts since there was more of a variety in cases, which offered different learning opportunities for me to observe. The adrenaline that ran through my veins with the entry of every patient was like riding a roller coaster several times in a row. I was running around trying to watch as much as I could hoping that someday i'll be like all the doctors and eventually make a difference.

OB-GYN Rotation

SUPERVISED BY: DR. ARVA DHANALIWALA

Despite the long clinical hours, the OB-GYNE rotation went by very fast and I enjoyed every moment of it.

During the clinics, I was taught how to do:

- Obstetric examination
- Pap smears
- Insertions of IUD's
- Membrane sweeps

And was also able to do some of the examinations by myself.

Additionally, I had the chance to:

- Assist in normal vaginal deliveries
- Observe Cesarean sections and AROM (Artificial Rupture of Membranes).

I once heard someone say: "What could be more beautiful than bringing new life into the world?", and now I feel like I was able to relate to that thought. I feel like I was able to look up to the clinicians and admire the hard work and effort that they put in to help create families and memories for several individuals. Looking at the doctors while they wipe sweat off of their foreheads after a long surgery deserved genuine applause and appreciation.

Wrap of memories!

