MBRU360

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MBRU Launches the College of NURSING

YMIDWIFERY

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MBRU GRADUATION CREATES MORE SPECIALISTS FOR THE UAE HEALTH SECTOR

MBRU has marked another milestone by awarding its latest cohort of graduates from the Hamdan Bin Mohammed College of Dental Medicine (HBMCDM) at the University's annual graduation ceremony held under the patronage of His Highness Sheikh Ahmed bin Saeed Al Maktoum, Chancellor of MBRU, and members of the Board and the wider leadership team.

A total of 29 students were presented with their degree certificates at the ceremony held at the University's auditorium, spanning five programs, Endodontics, Orthodontics, Pediatric Dentistry, Oral Surgery, and Prosthodontics.

The graduates are recognized as specialists in their disciplines upon graduation, allowing them to work in various governmental and non-governmental sectors; adding more oral healthcare expertise to the UAE healthcare sector.

The latest graduation takes the total number of specialists graduated from HBMCDM to 88, in which 61% of the alumni-body are UAE Nationals. HBMCDM's current student body comprises of 18 nationalities in which 44% are UAE nationals. Females make up 71% of the student body.





I am confident that our graduates will inspire others and uphold the University's highest standards of medical care and core values as we continue to grow the MBRU family. - Professor Zaid Baqain, Dean of the Hamdan Bin Mohammed College of Dental Medicine



MBRU Values Council

MBRU DEVELOPS FIRST-OF-ITS-KIND VALUES COUNCIL IN UAE TO INCREASE POSITIVITY AND WORKPLACE MOTIVATION



MBRU has formed a Values Council which will drive the values agenda of the University and ensure the MBRU family – students and faculty, live and act the MBRU values daily, and work with a heart for service.

The Council, a first for any institute in the UAE, will draw members from its population- students, academics, and administrative representatives

from across the University. The first order of business for the newly established unit is to put in place a framework for its set of values that can be defined into observable, tangible, and measurable parameters that ensure that the signature culture of MBRU is consistently maintained.

Aside from the Council members, the Council will have 'Guests' as invitees from the University's

family, community, friends, or from external organizations who will be invited to give insights and advice to the Council as required. It will also have 'Catalysts,' who are employees, students or alumni of MBRU selected by the Council to be ambassadors of values lived and acted in the University. The Council will also have a 'Guardian' rather than a secretary running all administrative affairs of the Council with even voting rights.

MAYO CLINIC HOLDS FIRST MIDDLE EAST HEALTHCARE SOCIAL MEDIA SUMMIT IN DUBAI IN PARTNERSHIP WITH MBRU AND AMERICAN HOSPITAL DUBAI

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MBRU joined forces with Mayo Clinic and the American Hospital Dubai to host the first Middle East Healthcare Social Media Summit.

Organized by Mayo Clinic, the Summit brought together healthcare providers and decision makers spanning various sectors to analyze the impact of social media on healthcare and chart the best way forward.

MIDDLE EAST HEALTHCARE SOCIAL MEDIA SUMMIT 2019



MBRU and the American Hospital Dubai, a member of the Mayo Clinic Care Network, cosponsored the event, which included: a two-day conference held from 9-10 December featuring several speakers from the UAE and representatives from Saudi Arabia, Ireland, New Zealand and the United States; as well as an optional preconference workshop that took place on the 8th of December called Mayo Clinic Social Media Residency, which provided advanced training and consultation for those interested in practical assistance in applying social media tools in their health-related work.

The panelists at the Summit said online communities are critical for the advancement of the practice of healthcare. Dr. Amer Sharif, MBRU's Vice Chancellor said the Summit provided a great opportunity to promote the exchange of knowledge and expertise between doctors and medical institutions that have made significant contributions to the healthcare sector.

Dr. Amer expressed his gratitude to everyone who contributed to the success of the Summit, especially to Mayo Clinic for organizing the event and the American Hospital in Dubai for its support. He said MBRU is seeking to enhance exchange of knowledge and expertise with leading international institutions and universities as part of its vision of becoming one of the world's leading institutions in the healthcare

sector. The University aims to develop a new generation of medical professionals that can support the growth of the medical field in Dubai

and enhance the city's position as a prime destination for high-quality medical services.

Farris Timimi, M.D., Medical Director of the Mayo Clinic Social Media Network (MCSMN), said at the Summit that physicians need to strategically partner with patients and walk with them on their journey online as well as offline. Doing so will enable physicians to shape the conversation on healthcare, leverage information and ensure that credible content fills the void.

He further continued that healthcare providers need to put content of value online





because people are spending so much time online. When asked about the pros of using social media as physicians he mentioned, digital engagement, improving community healthcare, addressing misinformation online. He also described social media as another tool amongst the tools physicians use.

Daniel Cabrera, M.D., Associate Dean for Continuous Professional Development at Mayo Clinic, delivered his perspectives on the use of social media as an educational tool on the second day of the Summit.





The challenge today is not how to access knowledge but how to apply it, he said. We as teachers need to be professionals in using networks, he added.



MBRU LAUNCHES THE COLLEGE OF NURSING AND MIDWIFERY

The College of Nursing and Midwifery aims to provide a range of postgraduate courses of study alongside an integrated and aligned program of research and scholarly activities, that are in line with the ethos of MBRU to be nationally responsive and globally connected, serving individuals and communities.

We are passionate about nursing and fully embrace the core values associated with the 'caring profession'. The College of Nursing and Midwifery at MBRU is responsive to changing healthcare demands and actively engages in service development opportunities for nursing and midwifery services throughout the region. We believe that nurses and nursing are essential to the future of healthcare in the UAE and are proud to be instrumental in providing a

range of continuing education programs for current and future nurses that ensures their employability and capacity for lifelong learning,

> Professor Kevin Gormley, Dean of College of Nursing and Midwifery



OVERVIEW:

- Two programs: MSc in Cardiovascular Nursing and an MSc in Pediatric Nursing
- Unique partnership with Queen's University of Belfast and the Belfast Health and Social Care Trust
- Twelve-week period of clinical nursing practice in the Belfast Health and Social Care Trust
- 30-credit MSc Clinical Nursing programs will be offered in two modalities:
- Full-time over 12 months (with a potential extension of 12 weeks to allow for dissertation completion)
- Part-time over 24 months (approximately 15 credits per year)
- Programs include dissertation evidencing a critical and detailed review of innovative or emerging areas of the students' professional work

MBRU LAUNCHES NEW GRADUATE PROGRAM UNDER THE COLLEGE OF MEDICINE



MBRU has launched a Master of Science in Biomedical Sciences program under the College of Medicine. The program provides students with intellectually stimulating education and practical skills in the field of biomedical sciences, with a particular focus on advanced genomics, OMICs, genome editing, and cell biology.

Specific emphasis will be given to the application of innovative technologies such as applied bioinformatics, deep learning for genomics, and CRISPR, in the development of novel methods for the diagnosis and treatment of disease. » To learn more about the program please visit MBRU's website.

MBRU AND KING SAUD UNIVERSITY JOIN FORCES TO ENHANCE ACADEMIC COLLABORATION BETWEEN MEDICAL COLLEGES



MBRU and King Saud University in the Kingdom of Saudi Arabia signed a Memorandum of Understanding (MoU) to enhance academic collaboration between the medical colleges in both universities.

Under the MoU, the Universities will work closely to prepare programs to advance medical education and organize exchange for faculty and researchers to enhance academic experiences. MBRU and King Saud University will also seek to establish joint research projects, seminars, scientific conferences and training courses.

DUBAI HEALTH AUTHORITY AND MBRU SIGN MOU TO ENHANCE COOPERATION

The Dubai Health Authority (DHA) signed a Memorandum of Understanding (MoU) with MBRU to enhance cooperation and exchange of knowledge between the two bodies.

The agreement supports the vision of MBRU and DHA to establish a common framework for identifying current and future areas of cooperation in the fields of medical education, and health and medical research. The MoU stresses the importance of strengthening cooperation in training of medical practitioners, nursing, and other healthcare specialties.







MBRU and DHA share an inspiring common vision seeking to form an integrated health system accompanied by the best health services with the goal of creating healthier and happier communities. A goal that MBRU supports through its research efforts based on innovation, mission to advance health, and through establishing a comprehensive academic health system to serve humanity.

- H.E. Dr. Raja Al Gurg, Vice Chairperson of the Board of Trustees









Happy Birthday















DOCTORS WHO INSPIRES

Al Maktoum Medical Library organized the Living Books Event under the theme "Doctors who Inspire".

The event provided a career guidance platform for MBRU students to meet and learn from six physicians who are experts in their own discipline.











Living Books



HOURIYA KAZIM

Houriya Kazim is the first Emirati female surgeon in the UAE. She is the Medical Director, Founder and Consultant Breast Surgeon at Well Woman Clinic, which is a multidisciplinary clinic staffed by women, for all women's health needs. She has also founded and chairs a breast cancer charity, Brest Friends, in partnership with Al Jalila Foundation. She is a freelance writer on women's health issues and the winner of 2014 Arab Woman Award for Medicine, for UAE's inspiring women.



AMMAR AL BANNA

Ammar Al Banna is a Consultant Child and Adolescent Psychiatrist and Head of the Child and Adolescent Mental Health Centre at Al Jalila Children's Specialty Hospital, Dubai. He is the founder and president of the Emirates Society for Child Mental Health, the national representative society for child mental health in the UAE. He has achieved awards for recognition of his clinical, research and educational work. He is an Adjunct Assistant Professor in Child Psychiatry at UAE University. His current research focuses on neuropsychiatric disorders in the UAE, including autism spectrum disorder.



KHALID AL AWADHI

Khalid Al Awadhi is a certified Plastic Surgeon with almost 19 years of experience in the field of surgery and plastic surgery, board certified in plastic surgery from the European Board of Plastic Surgery (EBOPRAS), as well as board certified in hand surgery from the Federations of European Societies for Surgery of the Hand (FESSH). Since 2013, he moved to Dubai to establish a unit for hand & reconstructive microsurgery at Rashid Hospital which is the only hand Surgery Center in UAE. He is also a founder and managing partner of Acacia Medical Centre in Dubai, an elite practice devoted for cosmetic medicine.



AHMED SALEH

Ahmed Saleh is a Consultant Physician, Infectious Diseases & Internal Medicine, Head of Infection Control Office and Chairmanship of the Mortality & Morbidity Committee, Rashid Hospital, Dubai Health Authority. He is an Associate Professor of Internal Medicine, Dubai Medical College. He extends his services as Consultant Physician in Al Mousa Medical Centre, Dubai. He is a founder and ex-head of the Obstetric Medicine Unit in Al Wasl Maternity Hospital (currently Latifa Hospital), DHA. He is a member of Specialist Panels on Chronic Hepatitis B and Chronic Hepatitis C in UAE and the Middle East.



ASHRAF EL HOUFI

Ashraf El Houfi is a Consultant/ Head of ICU Department and Chairman of the Infection Control Committee in Dubai Hospital, Dubai Health Authority. He is an examiner for the Royal College of Physician "UK" and also serves as Professor of Medicine in Dubai Medical College.



ASMA AL OLAMA

Asma Al Olama is a Consultant Hematologist-Oncologist & Head of the Hematology Department, Dubai Health Authority. She is American Board Certified in Internal Medicine Hematology & the Medical Oncology President, Emirates Society of Hematology.













AL MAKTOUM MEDICAL LIBRARY HOLDS INAUGURAL LIBRARY CONFERENCE TO EMPOWER, INFORM AND CONNECT LIBRARIANS

MBRU's Al Maktoum Medical Library held an inaugural Library conference from the 27th-28th November 2019. The library conference was held under the theme *Empower, Inform and Connect*. The goal of the conference was to promote how libraries can translate ideas into innovative services. Delegates from over 30 universities participated in the conference.

This year's keynote speaker was
Ms. Isobel Abulhoul OBE, CEO and Trustee
of the Emirates Literature Foundation,
she presented on the topic of libraries
as promoters of change. The conference
provided a platform for librarians to connect,
explore and discuss their ideas for change.

The attendees were invited to a poster exhibition where library professionals presented their posters on a number of topics such as library research, projects and community engagement events. Seven speakers presented different topics that included 3 library research papers: Generation Z in Charge: Lessons Learned of Student-led Marketing of an Academic Library (New York

University Abu Dhabi), The Role of Academic Libraries in Ranking of Institutional Research Impact (United Arab Emirates University), and Fostering Information Literacy Through the UAE's National Goals (Zayed University). One of the highlights of the conference was a presentation by Ms. Anan Mahmoud Year-4 medical student at MBRU, she presented her experience as a library user.

Moreover, there was a pre-conference workshop that discussed current trends and best practices in collection development and information literacy. The collection development session was facilitated by Thomas Hodge and John Liebhardt from the American University of Sharjah and the Information Literacy Session was facilitated by Kristine Stewart from Zayed University. The conference was held in partnership with BMJ, Knowledge E and Karger publications.

The conference provided a platform for regional librarians to share and gain knowledge in the latest trends in their field.

MBRUians



Student Corner



MBRU SPORTS DAY BROUGHT TOGETHER MORE THAN 100 PARTICIPANTS AT THE DUBAI STARS

MBRU hosted the first Sports Day at the Dubai Stars Sportsplex, as part of the Dubai Fitness Challenge 2019, to encourage students to adopt a healthy lifestyle through participating in sports and fitness activities.



The event included various activities such as table tennis, basketball, football, volleyball, badminton; in addition to many other recreational activities that spanned over 4 hours, with more than 100 participants from the University's student and staff population.

"This event translates the importance of sports to the University family and our mission to encourage a culture of health and fitness among our students who aspire to become health care leaders in the future."

Ahmad Al Awadhi, Director of Student Services and Registration







MBRU STUDENTS WIN BEST PERFORMING UNIVERSITY AT SPORTS FESTIVAL

Congratulations to our students for winning the Trophy of the Best Performing University among fifteen universities that participated in RAK Medical & Health Sciences University (RAKHMSU) Anniversary Sports Festival 2019-2020.

This is a great achievement for a team which is still young and have improved immensely since their first participation.



THE PARTICIPANTS:	
Football team (Males):	Karim Abdalbari, Malek Othman, Yusuf Hallak, Mohammed Al-Haideri, Ahmedyar Hasan, Osama Karajeh, Muhammed Tayob, and Amin Abu Hijleh.
Chess team (Males):	Mohammed Al-Haideri and Malek Othman.
Chess team (Females):	Sarah Samer Kabbani
Foosball team (Males):	Mohammed Al-Haideri and Yusuf Hallak
Table tennis team:	Yusuf Hallak, Muhammed Tayob, and Sariah Fakhani.
Sports coordinators:	Stefan Du Plessis Professor of Physiology and Thomas Boillat, Assistant Professor of Healthcare Innovation and Technologies.

Yusuf Hallak, Year-3 medical student who participated in football and table tennis:

Overall, I had an absolute blast at the tournament! Our team got some exposure and recognition from other competing universities which will hopefully allow us to compete in future tournaments and events.

Mohammed Haideri, Year- 3 medical student who participated in football (captain) and Chess: It was a nice mixture of fun and competitiveness MBRU was represented well and is now more well known amongst the universities of the UAE.

Professor of Physiology, Stefan Du Plessis, who accompanied the table tennis and football teams on the first day: "Participation in the RAKHMSU tournament created a platform for students to connect with each other on a social/extracurricular level. MBRU's students really enjoyed the opportunity to interact with peers from other universities and displayed great camaraderie, sportsmanship and professionalism. As a member of faculty, I relished the opportunity to interact with students on an informal basis. I look forward to MBRU expanding their sport footprint, with more teams participating and enjoying more support from their fellow students."

Nagam Alshehabi, Year-3 medical student and vice president of MBRU's Sports Club:

"Witnessing the dedication and perseverance of our students that took them to a nation-wide competition has confirmed our vision that medical students can do it all. Despite being a young institution, our students have proven that they are worthy opponents of other UAE universities and demonstrated exceptional professionalism and teamwork skills, granting them the Best Performance trophy. We look forward to further local and international opportunities and more support from our University's leadership."





The Annual Student Research Day showcased more than 50 research posters by our dental postgraduate and medical students.



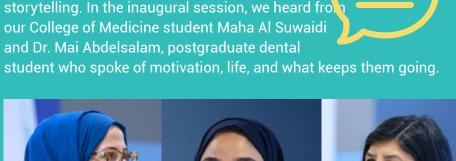








In November we launched our first #MBRU PEP TALK SERIES. The objective of the Series is to motivate and inspire students through impactful storytelling. In the inaugural session, we heard from our College of Medicine student Maha Al Suwaidi and Dr. Mai Abdelsalam, postgraduate dental





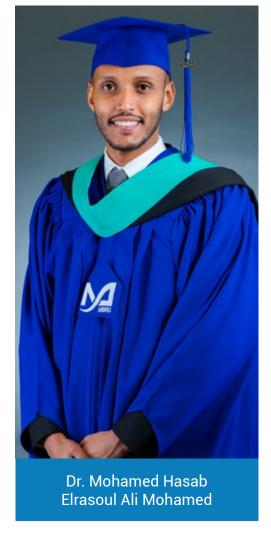


MBRU STARS

Congratulations to our alumni Dr. Fadi Elshafee, Dr. Mohamed Hasab Elrasoul Ali Mohamed, Dr. Marwa Jameel Ahmed Salman Ahmed on passing the Membership in Orthodontics (MOrth), a bi-collegiate (RCS and RFPSG) specialist membership diploma which equips general dental practitioners with expertise in orthodontic diagnosis and treatment.

Congratulations to Dr. Sara Al Hammadi, our first graduate to pass the membership in Prosthodontics from the Royal College of Surgeons of Edinburgh (M Pros RCSEd).











CONGRATULATIONS TO THE NEWEST MEMBERS OF THE STUDENT COUNCIL

ABOVE (from left to right):Maryam Al Abaidli - President, Mustafa Abdalla - Vice-president, Sameera Hajijama - Treasurer, Hind Algergawi - Secretary, Moza Al Ali - Well Being & Happiness, and Hind Alawadhi - Media & Communications Representative.

BELOW (from left to right): Hayat Al Mansour - Activities & Events Chair, Mai Abdelsalam - Representative, Hudaisa Ali - Chair of Clubs, Jana Al Anati - Chair of Clubs, Amog Narayanan - Representative, and Fatma Al Abaidli - Activities & Events Chair.





COLLEGE OF MEDICINE STUDENT FAISAL NAWAZ SPEAKS AT THE MAYO CLINIC SUMMIT

In a session titled 'Students' Perspective: Transitioning from Personal to Professional', MBRU medical student Faisal Nawaz, an active Twitter user and founder of #MedTwitterAl, who uses the platform to share medical knowledge and reflections on life as a medical student, said at the Middle East Social Media Summit that social media is a tool that students can harness for their success. Faisal realized the importance of having a professional interface when he joined MBRU. As I began my Twitter experience, I started connecting with the medical twitter community, sharing reflections on student life at MBRU. I began learning more than I thought I would by following research trends in various fields. I was also able to

directly interact with authors, which was a great privilege.

The platform enabled him to have discussions with medical students on topics such as student well-being, which opened his mind to new ideas. Faisal also spoke about the need for institutions to incorporate social media skills in the curriculum and issue proper guidelines on the professional use of social media. "It is important to promote awareness of social media platforms as a learning tool rather than a networking tool," he said. He advised students looking to start a professional account on social media to choose a platform that reflects their personality. He said engaging with the right social media mentors to obtain guidance is critical.



MENTAL HEALTH WEEK

The Department of Student Services and Registration held MBRU's first Mental Health Week event in commemoration of World Mental Health Day. The event gathered students and staff at a number of workshops and talks that addressed the importance of mental Health such as a session by Professor Rafia Ghubash, the UAE's first psychiatrist, and The Happiness Edge workshop that focused on the importance of practicing mindfulness in our daily lives.





Staff Corner

MBRU'S PROFESSOR OF SURGERY PERFORMS PIONEERING SURGERY AT MEDICLINIC TO TREAT RARE SWALLOWING DISORDER

MBRU's Professor of Surgery and Associate
Dean of Innovation and the Future, Homero Rivas,
has pioneered a medical first at Mediclinic City
Hospital in Dubai, performing a complex Peroral
Endoscopic Myotomy (POEM) surgery to treat a
patient with an uncommon swallowing disorder.

The patient, a man in his 30s, was suffering from Achalasia, an atypical condition that affects only three in every 100,000 people where the esophagus is unable to move food into the stomach. The man was unable to swallow food, surviving only on liquids.

Professor Rivas, one of a paucity doctors to have performed the surgery around the world, was lead surgeon for the ground-breaking



POEM procedure at Mediclinic City Hospital. This latest innovation in endoscopic surgery is a non-invasive procedure whereby there are no incisions in the chest or abdomen and involves an endoscope inserted through the mouth.

This type of disorder is extremely rare and there's no known reason as to why it happens. The myotomy is a non-invasive procedure. We divide the circular muscle fibres around the esophagus, which are the ones that cannot relax, preventing food to reach the stomach. By cutting those fibers, we release the pressure and patients usually feel immediate relief when swallowing,

explained Professor Rivas.

It's an honor to be part of yet another healthcare innovation in the UAE and to improve the quality of life for the patients. Only a small number of medical professionals have performed this procedure which makes it extra special and cements Dubai's ambition to be a leading city in healthcare.

The ground-breaking surgery serves as the latest milestone for MBRU in its mission to improve health in the UAE and beyond through an integrated academic health system through partnerships with private and public healthcare institutions on a local, regional and international level.



CONGRATULATIONS TO DR. MOMEN ATIEH

Associate Professor and Chair of Periodontology at the Hamdan Bin Mohammed College of Dental Medicine obtained the title Honorary Associate Professor at the University of Otago.

MBRU PROFESSOR INVESTIGATES THE IMPACT OF ARTIFICIAL INTELLIGENCE IN HEALTHCARE

Dr. Mohammed Uddin, Assistant Professor of Human Genetics, recently published a research paper titled "Artificial intelligence for precision medicine in neurodevelopmental disorders" in NPJ Digital Medicine in collaboration with The Centre for Applied Genomics, The Hospital for Sick Children, Toronto, Canada, the Institute of Neuroscience, Newcastle University, Newcastle, UK, and the School of Computing, Newcastle University, UK.





FAREWELL DR. HICKEY

"In Ireland we do not have a word for goodbye, we say Slan Abhaile, which means safe home. And home is a place where you feel you belong. So this is not a goodbye but a see you later." Dr. David Hickey, Professor of Surgery





STRATEGIC RETREAT

In front of the Museum of the Future, we held our 2nd strategic retreat with the participation of students, employees and the leadership team to foresight a brighter future for medical education, research and healthcare with the goal of serving humanity.



CONGRATULATIONS!

Congratulations
to Dr. Hanan Al
Suwaidi, Assistant
Professor of
Family Medicine
on graduating from
the Mohammed
Bin Rashid Center
for Leadership
Development's
Impactful Leaders
Program.



Congratulations to Rasha Abbas, Director of Human Resources & Administrative Affairs, and Nujood AlKhloofi, Director of Communications & External Relations, on graduating from the Mohammed Bin Rashid Centre for Government Innovation's Public Sector Innovation Diploma program in 2019, as a result of their diploma the first Values Council in the UAE became a reality.

Congratulations to our own Dr. Mohamed Jamal, Assistant Professor of Endodontics for winning the AEEDC Young Researcher Award in collaboration with the Greater New York Dental Meeting.



What's new at MBRU?





International Education Show, January 22- 24, 2020, Expo Sharjah

Alumni Day, February 11, 2020, MBRU

AEEDC, February 4- 6, 2020, Duba World Trade Centre (DWTC)

Think Science Fair, April 21-23, 2020, DWTC

Emirates Airline Festival of Literature Author Talk, February 9, 2020, MBRU



