

Ramallah Hospital - Palestine Medical Complex

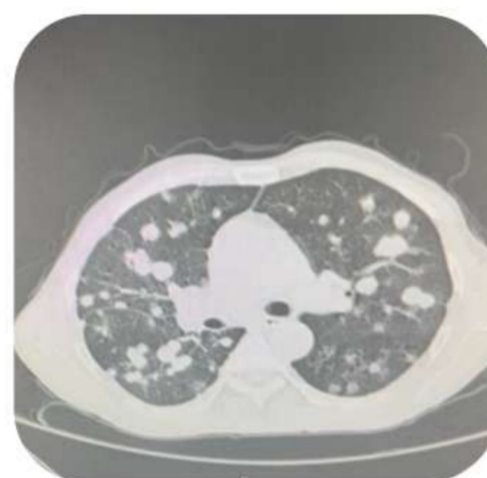
Supervisor: Dr. Ibrahim Frokh
Rand Al Bawwab



For a duration of nearly two months, I volunteered as an incoming fourth-year student at Ramallah's Government Hospital, focusing on both the Emergency Department and the orthopaedic emergency room. This immersive experience granted me invaluable opportunities for learning. Throughout this period, I had the privilege of witnessing a multitude of trauma cases, delving into their intricate presentations and management. Furthermore, this experience contributed a great deal towards enhancing my practical skills. My heartfelt gratitude extends to the nurses who generously spent their time teaching me practical skills, as well as to the doctors who provided guidance and knowledge during this internship.

Skills Developed:

- Sutured multiple times (simple sutures)
- Administered multiple intravenous catheter insertions
- Assisted in closed reduction manoeuvres for fractured bones
- Administration of intramuscular injections
- Collaborative involvement in the application of orthopaedic casts
- Prepared medications and established intravenous lines
- Did many electrocardiographic assessments
- Observed a cardiac Catheterisation



Before our reduction



After our reduction

Cases I'd often see at the ER:

**Diabetic Ketoacidosis - Pulmonary Edema - Heart Failure
Acute Coronary Syndrome - Pneumonia**

To sum up this experience, it was one I have immense gratitude for. The demanding and fast-paced nature of the ER at Ramallah's Government Hospital environment allowed me to adapt to high-stress settings environments and understand the true essence of not just what it's like working at the emergency department but also the true meaning of medicine. A special thank you to orthopaedic surgeon, Dr. Ibrahim Frokh for making this experience all the more enriching.